

Helping your pet get
their 'bounce' back



Our vision:

Bounce animal rehabilitation centre, BARC for short! We are dedicated to assisting your pet in recovering from surgery, neurological issues, injuries, and painful conditions like arthritis. We work closely with your veterinarian to achieve the best outcomes for your beloved companion.

Our goal is to make each treatment enjoyable and enriching for your pet, while minimizing any discomfort they may experience.

Certified Canine Rehabilitation Practitioner, Sophie Currie, graduated from the University of Tennessee and started BARC with a passion for making rehabilitation accessible for Auckland pets.



Contact us:

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✉️ BARCrehab@gmail.com

📍 854 East Coast Road,
Browns Bay

Initial Consultation:

The first step is a comprehensive rehabilitation consultation with Sophie. During this consultation, we assess not only the obvious areas of pain but your pet's entire body. Baseline measurements are taken, including joint mobility, muscle diameter, pain grading, and often a stance analysis. Using the advanced Stance Analyser, we can determine the exact weight distribution on each foot and your dog's centre of gravity. This assessment helps us create an individualised plan that suits both you and your pet, and serves as a baseline to monitor their progress.



Therapeutic Exercise and Manual Therapies:

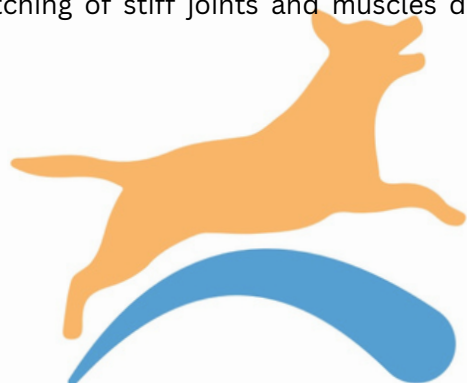
Our treatments may include manual therapies such as massage, stretching, and myofascial release. We carefully select exercises that focus on balance, core strengthening, and other muscle groups, tailored to your pet's capabilities. In our clinic sessions, we utilize canine-specific apparatus, including our imported Toto Fit equipment. To support your pet's recovery at home, we provide a detailed home exercise program with online videos to guide you through the daily schedule and ensure correct technique.

Science-Based Modalities:

Shockwave Therapy: Focused shockwave therapy is a well-studied and powerful tool for healing chronic musculoskeletal problems. Shockwaves are targeted sound waves that provide a mechanical stress to specific depths and tissues, stimulating the body's healing processes. This non-electric shock treatment promotes new blood vessel formation, regulates inflammation, increases metabolic activity, stimulates bone growth, accelerates tissue repair, and often provides immediate pain relief. Shockwave therapy is recommended for conditions such as chronic tendon and ligament disease, degenerative joint disease (arthritis), back pain, cruciate knee disease, chronic non-healing wounds, and more. Our gentle Piezowave Vet device requires no sedation and offers successful results. Treatment frequency and duration depend on the severity of the condition, often requiring 6-8 treatments. Long-term conditions like arthritis may require ongoing maintenance treatments.

Laser Therapy (Class 4): Our high-intensity K-laser utilizes invisible near-infrared and infrared light of specific therapeutic wavelengths to achieve a biological effect called Photobiomodulation. This penetrates into tissues, effectively addressing pain, inflammation, and tissue repair. Laser therapy is particularly useful for managing osteoarthritis, expediting wound healing, reducing post-operative pain and swelling, alleviating muscle and tendon inflammation, and managing conditions like hip and elbow dysplasia, back pain, degenerative spinal disease, and degenerative myelopathy. The treatment is comfortable, providing a gentle warming sensation, and most pets, including cats, enjoy the experience.

Therapeutic Ultrasound: with a different wavelength from diagnostic ultrasound, therapeutic ultrasound provides deep warming to tissues that surface heating cannot achieve. This increases tissue elasticity, making it highly beneficial for facilitating stretching of stiff joints and muscles during in-clinic sessions.



Booking information:

Initial Consultation:

\$150 for a one-hour session, including evaluation and initial therapy.

Ongoing consultations:

\$75 per 30 minute session.

Cats/exotics:

\$75 initial and ongoing consultation 30 minute.

Short consultation:

\$50 15min short consult (one modality/one treatment area)

Deals/Concessions

Start-Up Bundle:

Initial consultation (1hr) and 5 ongoing sessions (30mins) for \$470
discounted down from \$525

10-Session Discount:

Enjoy a 10% discount when purchasing 10 sessions in one transaction.

